

Addiction, Behavioral & Psychiatric Disorders

Alliance Health Center is an acute psychiatric and chemical dependency facility providing treatment for adolescents, adults and the elderly. Our expert clinical team works with patients and their families, treating the total person — physically, mentally and emotionally for hope, healing and recovery.

Programs Include:

- Adolescent
- Adolescent Residential Treatment - **The Crossings**
- Medical Detoxification and Dual Diagnosis - **Pathways**
- Chemical Dependency Intensive Outpatient, Partial Hospitalization and 30 to 90 Day Program - **New Leaf Recovery**
- Adult - **Crisis Unit** and **Journeys**
- Geriatric - **Milestones**

Social Services

Alliance Health Center provides the assistance of our Social Service personnel for discharge and after care planning, or when seeking referral to community resources.

Accreditation

Alliance Health Center is accredited by Joint Commission on Accreditation of Healthcare Organizations and is licensed by the State of Mississippi.



5000 Hwy. 39 North • Meridian, MS 39301

601.483.6211 • 1.877.853.3094

No charge, 24-hour mobile assessments

Admissions Office hours: Monday - Friday 8:30 a.m. - 8 p.m.

Emergency admissions 24 hours a day, 7 days a week.

Medicaid, Medicare & private insurance accepted.

Transportation available if needed

Addiction Services

Taking the first step...

in a lifelong recovery process.

Alliance Health Center knows that chemical dependency is a chronic, progressive and often fatal disease. But we also know it can be identified and treated. Early intervention can prevent the devastating consequences that multiply as the disease progresses.

Addressing the causes

An addictive disease knows no boundaries. Substances used may include alcohol, amphetamines, benzodiazepines, opiates or pain medication. Often, medications initially prescribed for chronic pain become addictive. Addiction may also have a co-occurring mental illness. In treating chemical dependency, the staff at Alliance Health Center focuses on the underlying physical, mental and spiritual symptoms



The Chapel at Alliance Health Center.

each individual is dealing with. The key is the personal attention the staff gives each and every patient. The length of stay in this unit varies due to many factors, but most people complete the process within five to seven days. In some cases, with the approval of the physician and the patient, he or she is moved to a in a step-down unit for several additional days to gain insight into this complicated disease in a safe, stable environment. We also introduce our patients to 12-step programs such as Alcoholics and Narcotics Anonymous, which over the years have proven to be some of the best solutions to long-term sobriety.

In Crisis? Call 601.483.6211 or 1.877.853.3094 NOW.

Pathways - Medical Detoxification

Normally, medical detoxification is the first step in healing and recovery. The detoxification unit at Alliance Health Center is managed by a psychiatrist. Medications are carefully chosen and monitored to safely detox the patient with minimal discomfort. Our doctors use a variety of medications, including Suboxone® for opiate dependency. Once there are no symptoms of withdrawal, patients have the opportunity to be transferred to New Leaf Recovery programs.

Pathways - Dual Diagnosis Program

Pathways is a chemical dependency program that helps patients who have addiction and a mental health illness. Services for each patient include medical detoxification, psychotherapy, experiential/expressive and recreational activities in a group setting with intensive case management. Certified addiction counselors and physicians provide education on mental health issues, addiction, recovery and relapse. Patients are introduced to the 12-step programs and attend AA meetings while in treatment. The primary goal of Pathways is to support recovery and transition to continued or long-term therapy.

New Leaf Recovery

Alliance Health Center's **New Leaf Recovery** programs offer a structured group setting to help those diagnosed with chemical dependency or a dual diagnosis of addiction with a mental illness such as depression or anxiety. Patients in this program are medically stable and able to be helped on an outpatient basis — so that life goes on.

New Leaf Recovery offers three options:

Intensive Outpatient Program (IOP):

Three days a week

Intensive Outpatient therapy helps the chemically dependent patient gain knowledge and insight into addiction, recovery and relapse prevention. This program offers support until the patient is comfortable with living life on life's terms, free from the use of mood-altering chemicals.

Partial Hospitalization Program (PHP):

Five days a week from 8:30 a.m. to 4:30 p.m.

Partial Hospitalization therapy offers the patient a chance to maintain life while working to recover from problems with alcohol and/or drugs. Upon successful completion of the program, each patient receives a certificate. Employers and others needing proof of completion are notified at the patient's request.

30 to 90 Day Recovery Program:

With lodging available;

to address addictions and mental health issues

New Leaf Recovery accepts Medicare, private insurance, private pay and is open to men and women 18-years-old and older.

