

Milestones — for Senior Adults

As you watch the aging process in your senior, have you noticed something that isn't quite right? Extreme forgetfulness? Not able to complete familiar tasks, such as cooking or paying bills? A loss of interest in hobbies? Anxious behavior or withdrawal from people, including you?

A complete evaluation of your senior

If you have answered yes to any of the above questions, it may be time for a complete geriatric evaluation of your loved one. While some of these actions are normal to the aging process, they may also be signs of dementia, depression, paranoia or hallucinations — perhaps leading to an inability to handle medications properly and generally take care of life.

Treatment

Through diagnosis and evaluation, the staff at Alliance Health Center creates an in-depth profile of a patient's history. The treatment team designs a comprehensive plan to provide maximum benefit to the patient, covering all aspects of care from prescribed medication and dietary recommendations to therapy and independent living skills.

You are a part of your senior's plan

Family and social relationships are critical in helping your senior. Our counselors educate you and your extended family on the aging process, the patient's needs and goals, plus we assist you in making future decisions for your loved one. You may admit your senior to our Geriatric Program yourself, or on the advice of a physician, mental health professional, friend or family member.

Healing and recovery

We understand the anguish felt by families when a loved one has dementia, depression or other mental illnesses related to aging. Our dedicated team of psychiatrists, nurses, social workers, activity therapist, dietitians and counselors is here to help you with the challenges ahead and the hope of creating a better life for your senior.



Alliance Health
Center
Hope • Healing • Recovery

In Crisis? Call 601.483.6211 or 1.877.853.3094 NOW.

Alliance Health Center

Hope • Healing • Recovery

Addiction, Behavioral & Psychiatric Disorders

Alliance Health Center is an acute psychiatric and chemical dependency facility providing treatment for adolescents, adults and the elderly. Our expert clinical team works with patients and their families, treating the total person — physically, mentally and emotionally for hope, healing and recovery.

Programs Include:

- Adolescent
- Adolescent Residential Treatment - **The Crossings**
- Medical Detoxification and Dual Diagnosis - **Pathways**
- Chemical Dependency Intensive Outpatient, Partial Hospitalization and 30 to 90 Day Program - **New Leaf Recovery**
- Adult - **Crisis Unit** and **Journeys**
- Geriatric - **Milestones**

Social Services

Alliance Health Center provides the assistance of our Social Service personnel for discharge and after care planning, or when seeking referral to community resources.

Accreditation

Alliance Health Center is accredited by Joint Commission on Accreditation of Healthcare Organizations and is licensed by the State of Mississippi.



5000 Hwy. 39 North • Meridian, MS 39301

601.483.6211 • 1.877.853.3094

No charge, 24-hour mobile assessments

Admissions Office hours: Monday - Friday 8:30 a.m. - 8 p.m.

Emergency admissions 24 hours a day, 7 days a week.

Medicaid, Medicare & private insurance accepted.

Transportation available if needed