

Adult Programs

From severe mental disorders such as schizophrenia or bipolar, to more moderate disorders such as depression, stress or anxiety, Alliance Health Center offers two unique programs, each with complete privacy.

Crisis Stabilization Program

When your loved one is affected by a mental disorder, it is hard to know where to turn or who to talk to. Alliance Health Center is the area expert in treatment of patients with mental disorders. In our **Crisis Stabilization Program**, we create a structured, safe, supervised environment to help the patient return to the healthiest, happiest life possible. The unit offers group therapy, training in independent living skills, intervention for a co-occurring mental illness, medication compliance, recreation therapy and stress management courses. Because the family and social relationships are critical to effective treatment, we also involve family members in the therapeutic process.

Our counselors educate family members on the patient's needs and treatment goals, then assist each in working through their own feelings about the patient's behavior.

Journeys Program

Sometimes dealing with difficulties at home, worries at work, financial problems or grief at the loss of a loved one is overwhelming — depression, stress and anxiety can lead to the need for professional intervention. If this happens, Alliance Health Center provides a separate, specially designed program. The **Journeys Program** includes a complete, multi-faceted therapy program with process, focus, educational, recreation and nursing therapy groups to provide a clearer and more in-depth understanding, allowing the patient to express him or herself and learn new ways to deal with life's stresses.

Healing and recovery

Privacy, caring professionals, intense therapy — all work together to help patients regain the life they once enjoyed.

Alliance Health
Center
Hope • Healing • Recovery

ALLIANCE

In Crisis? Call 601.483.6211 or 1.877.853.3094 NOW.

Alliance Health Center

Hope • Healing • Recovery

Addiction, Behavioral & Psychiatric Disorders

Alliance Health Center is an acute psychiatric and chemical dependency facility providing treatment for adolescents, adults and the elderly. Our expert clinical team works with patients and their families, treating the total person — physically, mentally and emotionally for hope, healing and recovery.

Programs Include:

- Adolescent
- Adolescent Residential Treatment - **The Crossings**
- Medical Detoxification and Dual Diagnosis - **Pathways**
- Chemical Dependency Intensive Outpatient, Partial Hospitalization and 30 to 90 Day Program - **New Leaf Recovery**
- Adult - **Crisis Unit** and **Journeys**
- Geriatric - **Milestones**

Social Services

Alliance Health Center provides the assistance of our Social Service personnel for discharge and after care planning, or when seeking referral to community resources.

Accreditation

Alliance Health Center is accredited by Joint Commission on Accreditation of Healthcare Organizations and is licensed by the State of Mississippi.



5000 Hwy. 39 North • Meridian, MS 39301

601.483.6211 • 1.877.853.3094

No charge, 24-hour mobile assessments

Admissions Office hours: Monday - Friday 8:30 a.m. - 8 p.m.

Emergency admissions 24 hours a day, 7 days a week.

Medicaid, Medicare & private insurance accepted.

Transportation available if needed